



VT Floods

Emotional Support Group



Online, via zoom

7:00-8:00 pm

Tuesday, July 18

Thursday, July 20

Sunday, July 23

more dates to come

Recent floods have brought more than material damage. Overwhelm, anxiety, sadness, grief, anger, helplessness... These emotions are all part of a normal response to the local disaster and the bigger implications of climate change. As a life and climate resilience coach, I invite you to gather in small groups to support one another through this difficult time.



Join the zoom meeting: <https://us02web.zoom.us/j/89205306425>

Or go to www.zoom.com (free) or call: 1.305.224.1968

and enter Meeting ID: 892 0530 6425



More dates and updates will be announced on

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